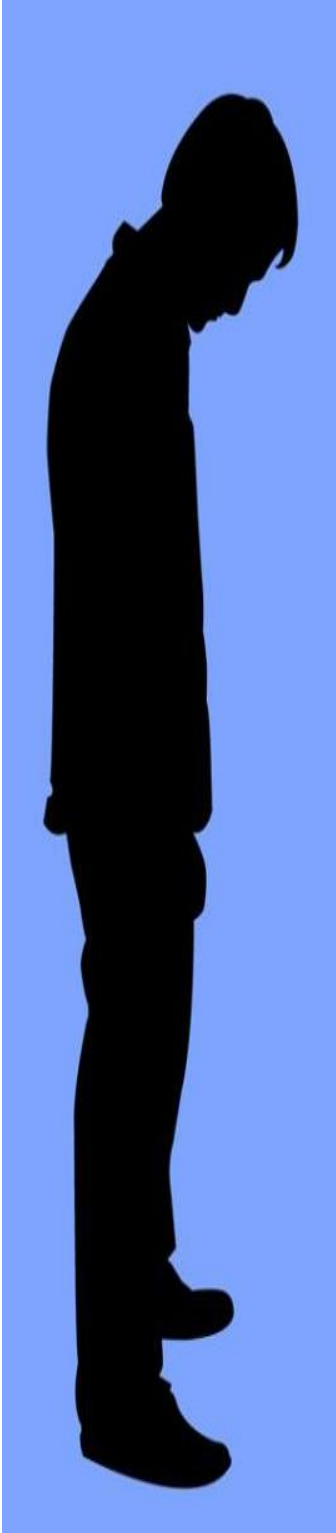


# YOU ARE NOT ALONE!



THE STRESSORS THAT MIGRATION BRINGS CAN AFFECT THE WELL-BEING OF MIGRANTS AND HAMPER THEIR INTEGRATION. UNFORTUNATELY, PSYCHOSOCIAL NEEDS OF MIGRANTS ARE OFTEN DOWNPLAYED AND MISUNDERSTOOD.

**ARE YOU FEELING DEPRESSED,  
HAVING PROBLEMS AND  
CONCERNS?**

OUR TEAM CAN HELP YOU

**PSYCHOSOCIAL SUPPORT  
AT THE WRTC AVAILABLE  
24/7**